## WHAT IS CLAIMED IS:

1. A method of processing malt root, characterized in that any functional ingredients contents in the malt root are adjusted by controlling a germination time of the malt root manufactured through a germination process, after a soaking process for seeds of one or more of wheat, barley, oats and rye.

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2. A method of processing malt root, characterized in that any functional ingredients contents in the malt root are adjusted during a drying process or a roast-dry process at a predetermined temperature, after a soaking process of seeds of one or more of wheat, barley, oats and rye,

wherein the temperature of the drying process or the temperature of the roast-dry process is controlled.

3. A method of processing malt root, characterized in that any functional ingredients contents in the malt root are adjusted during a drying process or a roast-dry process at a predetermined temperature, after a soaking process of seeds of one or more of wheat, barley, oats and rye,

wherein the germination time, and the temperature of the drying process or the temperature of the roast-dry process are controlled.

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4. A method of extracting an extract solution of functional ingredients in a malt root, comprising the steps of

soaking seeds of one or more of wheat, barley, oats and rye, and

soaking the malt root manufactured by germination in an extract solvent;

characterized in that any functional ingredients contents in the malt root are adjusted by controlling a temperature of the extract solvent.

- 5. A malt root manufactured with methods as claimed in any one of claims 1-3.
- 15 6. A processed product or processed products using the malt root as claimed in claim 5 or the extracts obtained by the method of extraction as claimed in claim 4 as materials for the processed product or processed products.

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